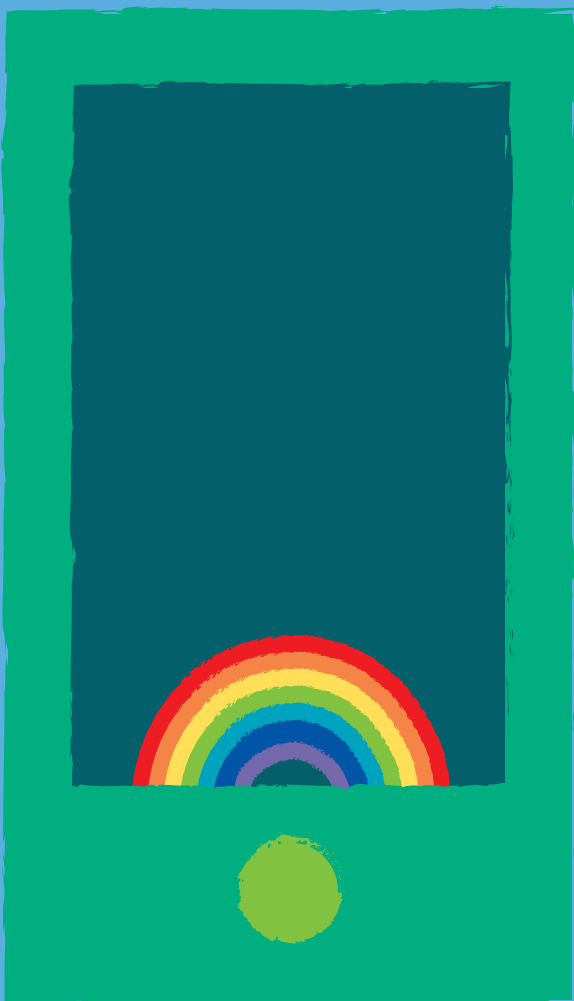


Here to support NHS and social care workers



**Samaritans has
launched a new
confidential support
line for NHS and
social care workers.**

Our volunteers are here to support you when you've had a tough day, are feeling worried or overwhelmed, or just have a lot on your mind and need to talk it through.

Call free

0300 131 7000

7am to 11pm, 7 days a week

Working in partnership



Samaritans is a registered charity