

## ESTHER Improvement Coach Virtual Network Launch Event 21.10.20: Co-design of Network by ESTHER Coaches

<p><b>What do you need or want from the virtual network?</b></p> <ul style="list-style-type: none"><li>• Clear parameters and expectations for the Coach role, clarity on what is allowed and not allowed.</li><li>• How the Coach role is relevant in multi-disciplinary meetings.</li><li>• A toolkit to work with, for reaching out and being able to advise and support colleagues, including those in other organisations.</li><li>• Positive examples of working with ESTHER to share and learn from, to cascade to support wider learning eg the use of KARA by KCC Adult Social Care.</li><li>• Opportunity to meet and connect with other Coaches and use website and other digital technology in between events to stay connected and informed.</li></ul>	<p><b>What do you bring to the virtual network?</b></p> <ul style="list-style-type: none"><li>• Insight into what matters to ESTHER – bigger than personalised care and support</li><li>• A broad range of skills, that can be shared and swapped. Coaches can utilise their skills on behalf of others where their expertise would benefit ESTHER.</li><li>• Positive mindset regarding rebooting the Coach network.</li><li>• Negative examples and case studies, to reflect on and share learning on how practice and delivery can be improved.</li><li>• Share examples that are the opposite of the ESTHER Philosophy of Care, to bring things back to how they should be for ESTHER.</li><li>• Case studies to reflect what has happened recently and impact for ESTHER.</li><li>• Highlighting policies and practices that are not working, reflection and potential solutions.</li><li>• Updates on how Med students are engaging with the ESTHER Philosophy of Care</li></ul>
<p><b>What do you need or want from the ESTHER Team?</b></p> <ul style="list-style-type: none"><li>• More workshops and delivery that refocuses on ESTHER and ESTHER Coaching.</li><li>• More opportunities to connect, so that Coaches are not on the backfoot.</li><li>• More opportunities to see faces that connect with the ESTHER Philosophy of Care.</li><li>• More facilitation from the ESTHER Team, creating space that focusses on the needs and wants of ESTHER and the professionals that work with ESTHER.</li><li>• Facilitate Are You Ok? Groups.</li><li>• New CPD opportunities and to refresh and re-energise.</li><li>• Opportunities to top up Coaching skills, refresh methodologies and learn new methodologies and change management theories that can be applied with ESTHER Coaching.</li><li>• Use high level links to feedback what Coaches are highlighting, at an organisation and system level.</li><li>• Utilise ESTHER improvement cycle methodology as part of network events and feedback on what has been achieved/progress.</li></ul>	<p><b>Views on frequency, duration and future agenda content</b></p> <ul style="list-style-type: none"><li>• Three monthly network events feels right at this point.</li><li>• Duration to depend on the subject matter but up to 1.5 hours.</li><li>• Content to be short and to the point.</li><li>• Coaches to lead on different subjects, depending on their expertise and preferences.</li><li>• Explore the links with International ESTHER – what can we learn from ESTHER sites abroad, what can they learn from us?</li><li>• Agenda not all about the ‘big stuff’, sometimes it’s the small things that matter to ESTHER.</li></ul>